Person-Centered Principles

As part of the technical assistance provided by NCAPPS, the Human Services Research Institute prepared a national overview of person-centered principles. The main principles that emerged help define person-centered thinking, planning and practice:

**Community Inclusion**

People must have full access to the community and be treated with dignity and respect.

**Availability of Services and Supports**

People should have access to an array of individualized services that meet their needs.

**Focus on the Person**

The person is at the center of the planning process. The person’s desires should be heard, honored, valued and reflected in the services received. People who are important in the person’s life should be part of the planning process.

**Choice and Self-Determination**

People should make choices (with support if needed and wanted) about services and supports as well as decisions regarding their own health, well-being and life goals.