

North Dakota Behavioral Health Plan

with North Dakota Behavioral Health Planning Council
& Human Services Research Institute



Partners & Purpose

Human Services Research Institute (HSRI) supports the North Dakota Behavioral Health Planning Council (BHPC) and works with service users and families, advocates, providers, administrators, and other North Dakotans **to engage in ongoing system monitoring, planning, and improvements.**



Vision of the Behavioral Health Planning Council

With full regard for the value of each person, appropriate behavioral health services, encompassing the full continuum of care, are readily available at the right time, in the right place and manner, and by the right people, offering every North Dakotan their best opportunity to live a full, productive, healthy, and happy life—free of stigma or shame—within caring and supportive communities.



Behavioral Health System Study

HSRI and the North Dakota Department of Human Services Behavioral Health Division conducted an analysis of the state's behavioral health system, including service use and expenses. The [final report](#) details the findings and provides recommendations.



Plan

Building on the study recommendations, we identify priority goals within each of 13 aims and establish implementation strategies to enhance the comprehensiveness, integration, cost-effectiveness, and recovery orientation of the behavioral health system to meet the community's needs.

Aims

- 1 Develop and implement a comprehensive strategic plan
- 2 Invest in prevention and early intervention
- 3 Ensure all North Dakotans have timely access to behavioral health services
- 4 Expand outpatient and community-based service array for adults
- 5 Expand and enhance the outpatient and community-based service array for children, youth, and families
- 6 Strengthen diversion and reentry practices through cross-system collaboration
- 7 Engage in targeted efforts to recruit and retain a qualified and competent behavioral health workforce
- 8 Increase access and improve outcomes for rural populations
- 9 Ensure the system reflects its values through person-centered and trauma-informed practices and ensuring access for all
- 10 Encourage and support communities to share responsibility with the state for promoting high-quality services
- 11 Partner with Tribal nations to increase access and improve outcomes for American Indian populations
- 12 Diversify and enhance funding for behavioral health
- 13 Conduct ongoing, system-wide, data-driven monitoring of need and access



www.hsri.org/nd-plan