



North Dakota Behavioral Health Plan

*with North Dakota Behavioral Health Planning Council
& Human Services Research Institute*



Partners & Purpose

Human Services Research Institute (HSRI) is supporting the North Dakota Behavioral Health Planning Council and working with service users and families, advocates, providers, administrators, and other North Dakotans **to set a course for ongoing system monitoring, planning, and improvements.**



Vision of the Behavioral Health Planning Council

With full regard for the value of each person, appropriate behavioral health services, encompassing the full continuum of care, are readily available at the right time, in the right place and manner, and by the right people, offering every North Dakotan their best opportunity to live a full, productive, healthy, and happy life—free of stigma or shame—within caring and supportive communities.



Behavioral Health System Study

HSRI and the North Dakota Department of Human Services Behavioral Health Division conducted an analysis of the state's behavioral health system, including service use and expenses. The [final report](#) details the findings and provides recommendations.



Plan

Building on the study recommendations, we identify priority goals within each of 13 aims and establish implementation strategies to enhance the comprehensiveness, integration, cost-effectiveness, and recovery orientation of the behavioral health system to effectively and equitably meet the community's needs.

Aims

- 1 Develop and implement a comprehensive strategic plan
- 2 Invest in prevention and early intervention
- 3 Ensure all North Dakotans have timely access to behavioral health services
- 4 Expand outpatient and community-based service array
- 5 Enhance and streamline System of Care for Children with complex needs and their families
- 6 Continue to implement and refine the current criminal justice strategy
- 7 Engage in targeted efforts to recruit and retain a qualified and competent behavioral health workforce
- 8 Continue to expand the use of telebehavioral health interventions
- 9 Ensure the system reflects its values of person-centeredness, health equity, and trauma-informed approaches
- 10 Encourage and support communities to share responsibility with the state for promoting high-quality behavioral health services
- 11 Partner with tribal nations to increase health equity for American Indian populations
- 12 Diversify and enhance funding for behavioral health
- 13 Conduct ongoing, system-wide, data-driven monitoring of need and access



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